



**The role of verbal communication of the teacher of physical education and sports in the Characterization of the pupil**

Sending date	accepting date	publication date
2019/04/15	2019/05/14	2019/09/24

دور التواصل اللفظي لمعلم التربية البدنية والرياضة في توصيف التلميذ

**Le rôle de la communication verbale de l'enseignant d'éducation physique et sportive dans la caractérisation de l'élève**

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**Resume :** This study aims at determining the role played by the verbal communication between the professor of physical education and sports in shaping the personality of the student, based on a field study of a number of educational institutions, by distributing a questionnaire to study this relationship. The study concluded that the contact of the professor of physical education with his students to form their personality, the good communication between them reflected positively on the behavior of the that. Through this study we also try to highlight the reality physical education and sports is not only interested in the body, but also to develop personal and psychological aspects, and to show the relationship between the exercise of sport in light of the share of physical education and sports and the role played by verbal communication between the teacher and the student.

**Keywords:** Communication - Professor of Physical Education - Student Character.

**ملخص:**

تهدف هذه الدراسة إلى تحديد الدور الذي يلعبه الاتصال اللفظي بين أستاذ التربية البدنية والرياضية في تحديد شخصية التلميذ، إنطلاقاً من دراسة ميدانية بمجموعة من المؤسسات التربوية، وذلك عن طريق توزيع إستبيان لدراسة هذه العلاقة، وقد توصلت الدراسة إلى أن للاتصال الذي يقوم به أستاذ التربية البدنية مع تلامذته لتكوين شخصيتهم، فالاتصال الجيد بينهما ينعكس إيجاباً على سلوك التلميذ. و من خلال هذه الدراسة كذلك نحاول ابراز حقيقة التربية البدنية والرياضية على أنها لا تهتم بالبدن فقط بل تتعداه الى تنمية جوانب شخصية ونفسية، و إظهار العلاقة الموجودة بين ممارسة الرياضة في ظل حصة التربية البدنية والرياضية و الدور الذي يلعبه الاتصال اللفظي بين الأستاذ و التلميذ.

**الكلمات المفتاحية :** ( الاتصال - أستاذ التربية البدنية - شخصية التلميذ).



## **The role of verbal communication of the teacher of physical education and sports in the Characterization of the pupil**

### **Introduction:**

Physical and mathematical education has become one of the most important educational human sciences. It has its own philosophy and theories. It includes many sciences such as sports psychology, motion theory, sports training, sociology, physical education. The teacher is in a new situation and his job is not only in providing information and facts, but in guiding and organizing educational experiences and facilitating the learning process which In addition, the teacher should be a role model for the students and have a high technical ability in his or her specialization both inside and outside the classroom. He must become the friend who is directed to the activities of the students and their initiatives in the sport education so that they are in an influential position on the students. And to guide them behaviorally and morally to contribute in a real way in their upbringing, and even so must be characterized by a spirit of fun to strengthen their relations with him. And teaching in physical education and sports subject to several criteria, the professor needs an integrated preparation of the subject and the acquisition of educational aspects and technical expertise that help him to face the problems of students and work to resolve them and that his personality and efficiency affect greatly in the success of the approach.

No one can deny the role played by the professor of physical education and sports in the life of the child, it is a mediator between the child and sports which is the reason for the exercise of the various sports activities that are directly related to the extent of consciousness and experience in the implementation and evaluation and planning the educational process between him and the students, To develop in many social and psychological trends, which directs their natural forces properly, and prepares for the forces acquired from the educational environment appropriate to multiply the outcome of the child's efforts in the direction of benefit.

Communication is an effective and influential skill that must be provided in the professor. In psychology it is considered a relationship between individuals. It is above all an awareness or perception that depends on the voluntary or involuntary transfer of information directed at the individual or group. defined as part of a verbal or nonverbal exchange process. At the educational level, communication means giving a form, transmitting or monitoring a message if it has already arrived. As the communication is a dynamic and dynamic process through the interaction between the teacher and the student, the professor is a catalyst and an influence on the students to practice physical education and sports, where we will address in this connection to the definition of communication and its components and types with a focus on verbal communication and its relationship to the motivation of physical education and sports.

### **1-Problem study**

The human society is characterized as communicative. The phenomenon of human society at its core is a purely communicative phenomenon that facilitates the purposes of human society on the one hand, and the achievement of the human purpose on the other, it is not natural for a human group to appear without contact to create such a presence. Communication is part of normal life of the human community and its preservation and shift from generation to generation.

In the establishment of the civilization of human assembly, communication was still a nerve belonging to the sons of his skin, and a means of achieving harmony and integration among the members of society, one of the oldest aspects of human activity it is an integral part of human life



and change around it with people who live and work with him in society to connect with them and relate them to learning, tapping, understanding, influencing, and other goals that target individuals in conversations and discussions.

An analytical study of the relationships among members of any group shows that each individual's behavior or reaction within the group in a deliberate, conscious and sensible manner towards members of the group it is an expression of a relationship within the group. The study of the relationship within any group led us to the sports and educational groups, especially in the field of education. The educational society within the institution is a fertile ground for the study of interpersonal relations. This contributes to influencing the society and directing their behavior and strengthening their communication relations. Educational is one of the most important models of the study of communication process, in view of the importance of this community and its positive and important role in building the individual social. It is said that the successful professor is based and depends on his work on effective communication. When communication is true, we produce a good and educated individual and the results are satisfactory.

The constant friction between the teacher and the student leads to a relationship, this is what we call the communication, the latter requires the presence of a method to transfer information and ideas from the teacher to the student.

Based on the above, this research is an attempt to find out whether there is a connection between the professor and the student in general and the professor of physical education in particular, and the extent of communication exploitation in the educational community. Therefore, the problem can be formulated differently in the form of the questions that follows:

-How much is the professor using the communication process during the physical education and sports lesson ?

- Does the process of communication vary from one professor to another according to the stage in which he works ?

-Is there a positive role of the verbal communication skills of the professor of physical and sports education in achieving social interaction and the formation of the student's personality ?

## **2- The study hypotheses :**

**2-1-General Hypothesis :** there is a positive role of the verbal communication skills of the professor of physical and sports education in achieving social interaction among students.

**2-2-Partial Hypotheses:** There is a positive role of the verbal communication skills of the professor of physical education and sports in achieving the social demand among students.

There is a positive role of the verbal communication skills of the professor of physical education and sports in achieving the social interest of students.

There is a positive role of verbal communication skills of the teacher of physical education and sports in achieving social communication among students.

## **3- Objectives of the study:** This study aimed at:

Identifying the extent to which the teacher uses verbal communication skills in the physical and sport education lesson.

Revealing the role of communication skills of the professor of physical education and sports in achieving social interaction between students.

Exploring the dimensions of social interaction and trying to achieve them through verbal communication skills.

## **4-Definition of concepts and terms:**



**A-Communication:** Means participation, specifically in information from communis which is a word derived from the Latin exchange, transfer and diffusion of ideas.

It is a purposeful transfer of information from one party to another to create social links through the exchange of information.

The sociologist Tarles Colley defines: "it as is the mechanism through which relationships exist".

**b-Verbal communication :** Al-Jabr (1984) defined it as: the words of mutual dialogue between the teacher and his student within the class in order to explain, convey information, give instructions and instructions, or ask questions, praise or criticism. Abu Hilal (1998) said: Verbal interaction involves either a recent teacher or a recent student, and the teacher's talk is either indirect, leaving the student with the freedom to express what he or she feels, or being directly inhibited by the student.

Research and studies in this field, including the study of Dr. Albert Mehrabian of the University of California, Los Angeles, indicate that communication is:

In words	%7
It is sound	%38
In body language (nonverbal communication)	%55

It is important to note that the teacher is highly skilled in the process of educational communication.

- Verbal communication is based on four components: sound, repetition, encouragement, experimentation and feedback.

**c-contact elements:**

-The sender-The future-The message-Communication channel (means)- feedback

**5-The concept of public education :** In general, education is a process of growth and development based on the principle of giving and giving between the individual and his environment, where he benefits from his experiences and experiences, adjusts his behavior and adjusts his directions to fit the society in which he lives in the maturity of his mind and the well-being of his mind with all his experiences and methods in facing life and its requirements.

It is also intended to train intellectual and moral development of mental and moral strength within the school and other organizations and institutions of education. The views of thinkers and researchers of the concept of education, and the multiple acquaintance, see Jean-Jacques Rousseau : "Education is to help the forces of life and their physical and intellectual property and moral growth And regular extension and consistency". John Dewey also sees Education as two aspects: "First myself and the other social can not be separated or neglected one".

Through the definitions mentioned, we conclude that education is concerned with building a complete personality, a process characterized by continuity and integration which takes place in multiple places, school, home, street.

**6-Objectives of public education :** The goals of public education are reflected in the formation of an integrated personality from all aspects of the mental, emotional, and social aspects. Growth on one side affects growth in the other.

**7- Concept of physical education and sports:** physical education and sports can be described in different ways, they are synonymous with concepts such as exercise, play, games, leisure time, recreation, sport. But all of these concepts actually reflect the frameworks or forms of sanctity embodied in the academic field, namely physical education and sports.



Vander Zwaah, the thinker, sees that the concept of physical education is the birth of the 20th century. It deals with sports and other forms of physical activity in schools.

**8- Personality Professor of Physical Education and Sports:** The teacher of physical education and sports is the source of knowledge and creator of new ideas, and the ideals in his students, the role model in front of them and like many of them walk and are affected by his character, so the teacher should be a character traits of friendship and a sense of friendship and exchange and wise leadership, And the teacher's duties to be able to understand and tolerate and pardon and be able to control his emotions always in particular situations that require the ability to control himself, and from this the teacher takes a good method appropriate treatment students receive. He will be able to take part in the course, which is a vital part of it.

**9- Characteristics of Professor of Physical Education and Sports:**

In order for the professor to function properly and without obstacles he must have special qualities and features, including:

- Physical characteristics: The external appearance of the professor is a factor of interest in the study, because it is the first thing the student sees on the teacher and the physical characteristics that help the educator achieve success in his career are:
- To be healthy, to be active and vital to develop the spirit of the student .
- Congenital characteristics: The teacher or educator bears a great responsibility in the formation of future generations he should have good qualities because it is influential in the hearts of adolescents are affected by them.
- Social characteristics: - To understand social life and demands, it prepares individuals and instills in them the spirit of the community.
- Prepare to cooperate with his students in what is good for all and hence develop the relationship between them to achieve the goals.
- Professional cognitive characteristics: The success of the teacher in his mission is reflected in his ability to achieve the best results.
- Psychological characteristics: The psychological state of the teacher in terms of his openness and irritability, irritation, concern, affect affect the situation of students and reflect on them as the research of both "Milord and Lard" proved that there is a correlation between the professor's anxiety and psychological disorders and low level of students.

**10-Relationship of the teacher to the teacher :**

The relationship between the teacher and the pupil plays an essential role in building the personality of the adolescent to the extent that it can be considered the key to the success or failure of the student as a mirror reflects the status of the teacher mood and his preparations and emotions, the relationship with the student should be based on the foundations of friendship and respect and love not on the basis of power and sovereignty. A successful teacher must be able to influence constructively in the student's life and achieve a developing personality.

**11-Definition of Personality:** Personality is a dynamic, internal, dynamic organization of psychological and physiological factors that achieves the individual's adaptation to his environment. Definition masad (2005) Personal is the integrated organization of physical and mental attributes and structures, emotional and social that appear in the different relationship of the individual and distinguish it from others.

**12-Personal theories:** One of the theories that explained the composition of the personality of the individual, which concerns our research:





1-Theory of psychological loading: This theory emphasizes the importance of continuity in growth since the first moments of the life of the individual begins personality formation.

2- Social Learning Theory: One of the key issues in learning an individual is how a person learns a new response in a social situation and thus is influenced by other people.

3- Behavioral theory: The behavioral model is an environmental model, which considers that the behavior of the organism is primarily determined as responses to stimuli in the environment.

### **13-Study Approach:**

The researcher used the descriptive approach to conduct the field study, which is defined in physical education and sports as a method of loading and interpretation in a practical way organized for specific purposes A social situation or problem to define the purpose, define and load the problem, determine the scope and scope of the survey, examine all the documents used, and interpret the findings to reach conclusions.

### **14-Search Tools & Templates:**

Due to the nature of the subject, the descriptive approach was used to conduct the field study, which is known in physical education and sports as a method of loading and interpretation in a practical way organized in order to reach a solution to the problem.

The field study was conducted on a group of middle and secondary teachers in the city of Mela, which was chosen randomly.

In order to study this research, the sample was randomly chosen from the teachers of secondary and intermediate education.

Which were selected without taking any conditions or factors in their selection, and they numbered 20 professors.

Simple random sample: This sample is formed on the basis that there is an equal probability in front of all elements in the study community to choose.

Study Tools: To determine the extent to which the teacher of physical education and sports use the communication process in the secondary and secondary levels

After defining the problem of research and underlining the hypotheses necessary for the problem, we collected the scientific material.

And we relied on the tools used in the field and applied studies which were in the answers of the sample members, the selection process is that we select a column or a whole row from the random number table therefore the numbers in this column are the numbers of the sample. elements to be used after they are matched with the study community numbers and sorted to be the desired sample.

**Table 1:** you get close to a professor of physical education and sports to tell him your secret.

Phrase	Repetition	percentage	K calculated	K tabular	Degree of freedom	Level of significance	Statistical significance
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<b>Always</b>	31	23.13	25.18	5.99	02	0.05	significant
<b>Sometimes</b>	62	46.26					
<b>never</b>	41	30.59					

The table above shows that the k calculated number was (25.18), which is greater than the scale of (5.99) at the level of significance (0.05) and degree of freedom (02), indicating that there are statistically significant differences between students' answers, If you have difficulty in your studies, do you approach a professor of physical education and sports to tell him your brother, sometimes 62 students, and I never get close to 41, and 31 students see that he always approaches the professor.

**Table2:** What do you say if you are asked to describe your verbal communication during the session.

Phrase	Repetition	percentage	K calculated	K tabular	Degree of freedom	Level of significance	Statistical significance
<b>Clear and concise</b>	14	50	11.21	5.99	02	0.05	significant
<b>Clear but intense</b>	13	46.42					
<b>Not understood</b>	01	3.57					

The table above shows that the k calculated number was (11.21), which is greater than the scale of (5.99) at the level of significance (0.05) and degree of freedom (02), indicating that there are statistically significant differences between the answers of the teachers, Is clear and abbreviated by a frequency of 14, and the answer is very clear with a frequency of 13, while the answer is a simple concept of repeating only 01.

**Table 3:** What verbal words contribute to during physical education and sports.

Phrase	Repetition	percentage	K calculated	K tabular	Degree of freedom	Level of significance	Statistical significance
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					m		n
Achieve motivation	11	39.28	9.5	5.99	02	0.05	significant
Explanations to complete the exercise	15	53.57					
No more important	02	7.14					

The table above shows that the k calculated score is (9.5), which is greater than the scale of (5.99) at the level of significance (0.05) and degree of freedom (02), indicating that there are statistically significant differences between the answers of the teachers, Explanations are necessary to complete the exercise on 15, while the answer to achieve the motivation to repeat 11 as you get the answer is not more important to 2.

**Table 4:** Does your teacher use unintelligible?

Phrase	Repetition	percentage	K calculated	K tabular	Degree of freedom	Level of significance	Statistical significance
Always	15	11.19	79.80	5.99	02	0.05	significant
Sometimes	26	19.40					
never	93	69.40					

The table above shows that the k calculated score was (79.80), which is greater than the scale of (5.99) at the level of significance (0.05) and degree of freedom (02), indicating that there are statistically significant differences between students' answers, Start with 93, answer sometimes 26, and always answer 15 students..

**Analysis:** The results obtained from the above table show that the highest proportion of use of communication is two-way, where we find: a large proportion of 35%, and then find: the degree and medium and a small degree the same proportion, which is 25%, and to a very large extent estimated 15% , And a very low score was estimated at: 0%.

We conclude from the results that the majority of professors use two-way communication so they can perform communication well.

**Table 5:**The results of the T-t test are shown to indicate the differences between the average grade of teachers in the complementary phase and the secondary stage.

Changes	Phase	Total
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	Complete	secondary	
<b>The number</b>	8	12	20
<b>Percentage</b>	40%	60%	100%

### Discussion of results:

Text of the hypothesis: There is no difference in the use of the communication process from one professor to another according to the phase (middle - secondary).

Through the results of the test T (t) to indicate the differences between the degrees of teachers in the supplementary stage and the secondary stage proves the validity of the hypothesis. 40% as shown in Figure (2) and secondary stage teachers (60%).

If the result of the test T (t) calculated = 0.60 less than (Tt) scheduled = 2.55. from this we can say that there is no difference in the use of scientific and the importance of communication from one professor to another according to the phase (middle - secondary).

- Through the presentation of the results of each question and analysis, and through the T test, we came out with a general result of the field study that we have done and confirmed to us the validity of what we assumed.

-The hypotheses they hypothesized have proved correct.

-Through our study and after discussing its theoretical and applied aspects we reached:

### Conclusions:

-We found that most teachers of physical education and sports use communication skills and no less important than professors of other materials.

-that the results that we have received showed us that the action or the professor is a communication only Differs from one professor to another and there is no clear difference.

-Our results showed that physical education teachers do not differ in the use of techniques effective communication at different stages or differences between graduates of universities and national institutes and anime technicians all types of communication, whether verbal or non-verbal and this indicates the importance of communication in general in general and in a special physical education lesson.

### General Summary:

The study of the communicative process between the teacher and the student in general is a complex subject. This modest research can't be familiar with all aspects, especially since the relationship is not apparent. In view of the importance of the subject, we tried to clarify the effective role played by communication between the teacher and the student, Is the primary driver in the physical education lesson.

In summary, the professor who is very important to communicate with his students is very important and positively affects the relationship between the teacher and the student and the process of the lesson, which improves the use of collective and personal communication is best suited to the task of studying the lesson of physical education.

### Suggestions and recommendations:

Through our humble research and in view of the importance of communication and its various methods within the department and studying physical education in addition to its basic role in



contributing to the achievement of the goals of physical education sport lesson we reached some suggestions and recommendations we accomplish in points as follows:

- For the good process of studying physical education and raising the level of students must give teachers importance of communication and methods, since through communication is transferred ideas and experiences of the teacher to the student.
- Intensifying sports activities and courses among the students of the departments and institutions by the administration by organizing sports competitions and honoring teams that enjoy the spirit of sport.
- The professor urged the pairing between the methods of personal and group communication and others during the session with a focus on personal communication.
- Raising teachers awareness of the importance of communication and knowledge through workshops and information days.
- The professor should be easy and smooth communication.

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